

G I R L S R U L E !

Adolescent Self-Esteem Building



Girls**RULE!**



The *Girls RULE!* Program empowers girls to lead their lives with success.

We focus on leadership, team-building, trust, and empowerment. Good communication and interpersonal skills are critical to developing friendships, self-confidence, and a sense of self-worth. During *Girls RULE!* group sessions, we work on all of these traits and skills.

Girls Rule! sessions are open to girls grades 4-6, 6-8, 8 and up. Visit our website for dates and pricing.

TAKING



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